



GLOBAL JOURNEY

RESOURCES FOR NORTH AMERICA

Homeschool Together Podcast
Arial and Matthew Buza

HAVE YOU LISTENED TO OUR PODCAST?

Hi there! We're Ariel and Matthew Buza from Homeschool Together Podcast. We're a secular podcast focusing on preschool and early elementary learners. We provide information, resources, and encouragement. We're helping families every day to navigate the growing and dynamic world of homeschooling.

Please subscribe in your favorite podcast app or listen directly from our website:

<https://homeschooltogether.fireside.fm/>

You can find us on Instagram [@homeschooltogetherpodcast](https://www.instagram.com/homeschooltogetherpodcast)

We have a terrific Facebook group where you can ask questions, talk through issues you may be having with homeschooling, and get all of the announcements for our future resource offerings!

[Homeschool Together Facebook Group](#)

We are also studying the countries of the world with our daughter for Kindergarten. In our most popular episode, we break down our plan to tackle the globe!

<https://homeschooltogether.fireside.fm/16>

We hope you join us and thanks for listening!



PREPARE TO EMBARK ON YOUR JOURNEY!

Thank you for joining us as we explore the countries of North America! We'll be visiting the rainforests of Costa Rica, the frozen North of the Yukon, the sunny beaches of the Caribbean Islands, the exciting streets of New York, and many more wonderful places on our travels.

We created this resource list as a further extension to homeschool curriculums focusing on around the world studies for ages 5-7. Please consider purchasing a full curriculum if you haven't already done so. Our resources are an extension only, not a substitute for a more comprehensive study.

In the following pages, resources will be presented for:

- The United States
- Canada
- Indigenous Peoples (of The United States and Canada)
- Mexico
- Central America (Guatemala, Honduras, El Salvador, Nicaragua, Costa Rica, Belize, and Panama)
- The Caribbean Islands

Resources will be grouped in the following categories

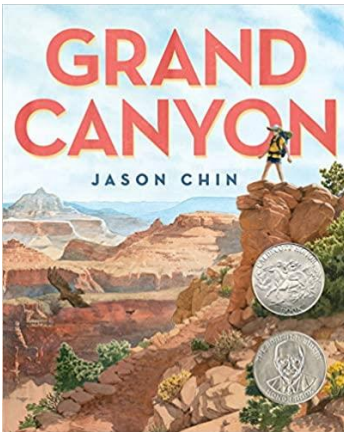
- Fiction and Non-Fiction Books
- Games
- Movies and Documentaries
- Videos
- Recipes

There are embedded links throughout this document for your use. Wherever text is underlined, a link is available. Movies, documentaries, videos, and recipes are linked to allow easy identification of these resources. Movies and Documentaries are linked to IMDB for complete title information. A streaming link is also provided to find a location to watch. Please use your own discretion to ensure these titles are appropriate for your viewing audience. Videos and recipes are all freely available on YouTube and blogs respectively. For books and games, please see our website linked below.

[Complete Linked Book and Game List](#)

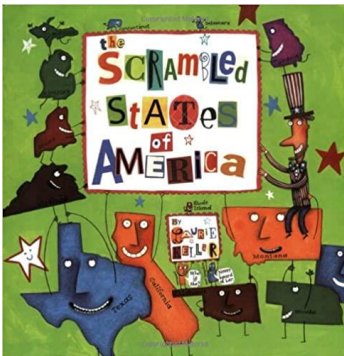
THE UNITED STATES OF AMERICA

Our Top Book Picks



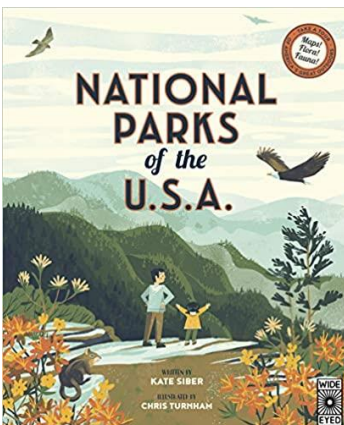
Grand Canyon by Jason Chin

A breathtaking walk through multiple habitats and deep time. Beginning at the banks of the Colorado River, a child and her adult companion hike up the South Kaibab trail from 1.84 billion-year-old "basement rocks" past the layers of the Grand Canyon Supergroup, the Bright Angel Shale, and other major formations to the Kaibab Limestone layer at the top. At the same time, the two pass through riparian greenery, sun-baked desert scrub, and pinyon juniper woodland to reach the South Rim's ponderosa pine forest.



The Scrambled State of America by Laurie Keller

At the first annual "states party," Virginia and Idaho hatch a plan to swap spots so each can see another part of the country. Before the party is over, all the states decide to switch places. In the beginning, every state is happy in its new location. But soon things start to go wrong. Will the states ever unscramble themselves and return to their proper places?



National Parks of the USA by Katie Siber

Take a tour of America's great outdoors and discover the beauty and diversity of its most iconic and majestic national parks. Packed with maps and fascinating facts about the flora and fauna unique to each of the 21 parks portrayed, this lushly illustrated coast-to-coast journey documents in large format the nation's most magnificent and sacred places—and shows why they should be preserved for future generations to enjoy.

Additional Books

Fiction:

Togo	Sweet Land of Liberty (Ellis the Elephant)
A Chip Off the Old Block	Land of the Pilgrims Pride (Ellis the Elephant)
Blue Sky White Stars	Yankee Doodle Dandy (Ellis the Elephant)
Pele and the Rivers of Fire	From Sea to Shining Sea (Ellis the Elephant)
Mr. Men Road Trip!	Luka's Quilt
Our Great Big Backyard	The Sea Chest
Danbi Leads the School Parade	Miss Rumphius
The Scrambled States of America Talent Show	The Honeybee Man
American Tall Tales	Apples to Oregon
Apple Pie 4th of July	A Walk in New York
How to Make and Cherry Pie and See the U.S.A.	Belle, The Last Mule at Gee's Bend: A Civil Rights Story
Stitchin' and Pullin': A Gee's Bend Quilt	Recipe for Adventure: Hawaii!
Under Alaska's Midnight Sun	Recipe for Adventure: Philadelphia!
Arctic Lights, Arctic Nights	Recipe for Adventure: Miami!
The Three Little Javelinas	Recipe for Adventure: New Orleans!
Deep in the Swamp	Madlenka
Punia and the King of Sharks: A Hawaiian Folktale	

Non-Fiction:

A is for Aloha	Plant a Pocket of Prairie
Her Right Foot	A is for America: An American Alphabet
The 50 States	City Trails - New York
Smart About the Fifty States	City Trails - Washington D.C.
Our California	Draw the USA

Media

Movie	An American Tail – Find It Streaming
Movie	Togo – Find It Streaming
Movie	Disney's American Legends – Find It Streaming
Documentary	First Position – Find It Streaming
Documentary	School House Rock – Find It Streaming
Video	National Anthem
Video	Are We There Yet: NASA
Video	Are We There Yet: United Nations
Video	Are We There Yet: Alligators
Video	Are We There Yet: New York Museum
Video	Are We There Yet: Volcano
Video	Are We There Yet: Hawaii Submarines
Video	Are We There Yet: Old West
Video	Are We There Yet: Manatees
Video	Are We There Yet: Surfing
Video	Travel with Kids: Volcanoes National Park, Big Island of Hawaii
Video	Travel with Kids: Oahu Hawaii
Video	Travel with Kids: Maui Farm to Table
Video	Flying Over America
Video	Independence Day
Video	The History of Mount Rushmore
Video	America's National Parks
Video	National Geographic: Meet the Residents of Everglades National Park
Video	National Geographic: The Best of Yellowstone
Video	National Geographic: Best of Grand Canyon National Park
Video	PBS Kids: Molly of Denali
Video	America's 58 National Parks

Recipes

[Pumpkin Pie](#)

[Blueberry Muffins](#)

[Creamy Baked Mac and Cheese](#)

[Chili](#)

Games

Ticket to Ride

Ticket to Ride: New York

The Scrambled States of America

Trekking the National Parks

GeoBingo USA

Timeline 7: Americana

Ticket to Ride: First Journey

Great States

Brain Quest America

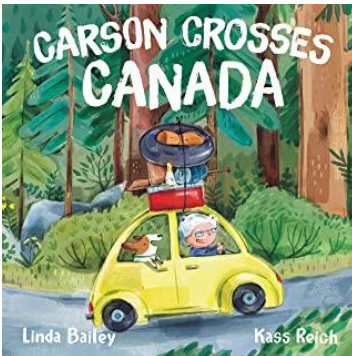
Professor Noggin's Geography of the United States

Game of the States

Professor Noggin's Wildlife of North America

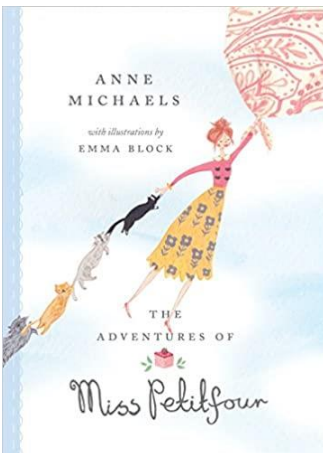
CANADA

Our Top Book Picks



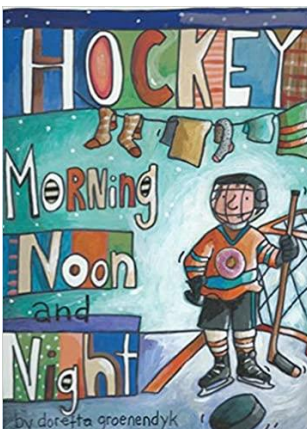
Carson Crosses Canada by Linda Bailey

Feisty Annie Magruder and her dog, Carson, live in British Columbia, Canada, and they're setting out to visit her sister, Elsie, in Newfoundland. In their little rattlebang car, packed with Carson's favorite toy, Squeaky Chicken, and plenty of baloney sandwiches, Annie and Carson hit the road! They travel province by province, taking in each unique landscape and experiencing something special to that particular part of this vast, grand country.



The Adventures of Miss Petitfour by Deckle Edge

Miss Petitfour enjoys having adventures that are "just the right size - fitting into a single, magical day." She is an expert at baking and eating fancy iced cakes, and her favorite mode of travel is *par avion*. On windy days, she takes her sixteen cats out for an airing: Minky, Misty, Taffy, Purrsia, Pirate, Mustard, Moutarde, Hemdela, Earring, Grigorovitch, Clasby, Captain Captain, Captain Catkin, Captain Cothespin, Your Shyness and Sizzles. With the aid of her favorite tea party tablecloth as a makeshift balloon, Miss Petitfour and her charges fly over her village, having many little adventures along the way.



Hockey Morning Noon and Night by Doretta Groenendyk

This colourful picture book is based on the author's seven-year-old son and his capacity to incorporate hockey into all that he does: eating, drawing, music, visits with friends, sleeping and stories. This book has a different feel from her previous books, with playful watercolour and ink images of characters and scenes, sometimes three or four to a page, and no complete backgrounds – just light-hearted visual vignettes that enhance the verse with humour and coziness.

Additional Books

Fiction:

At Grandpa's Sugar Bush

Blackflies

Yikes, Vikings!

50 Below Zero

Oscar Lives Next Door: A Story Inspired by Oscar Peterson's Childhood

Fox and Raccoon

Once Upon a Northern Night

Race the Wild: Arctic Freeze

The Sugaring-Off Party

Non-Fiction:

Draw Canada and Greenland

M is for Maple: A Canadian Alphabet

The Kids Book of Canadian History

My Canada: An Illustrated Atlas

Wow Canada!: Exploring this Land from Coast to Coast to Coast

Canada Year By Year

Viola Desmond Won't Be Budged

I is for Island: A Prince Edward Island Alphabet

Heartland: A Prairie Sampler

T is for Territories: A Yukon, Northwest Territories, and Nunavut Alphabet

Media

TV Series	When Calls the Heart – Find It Streaming
Movie	Fly Away Home – Find It Streaming
Video	National Anthem (Bilingual Version)
Video	Panning for Gold in the Yukon
Video	Northern Lights (Canada)
Video	Is it snowing in Banff? (Live Feed)
Video	Are We There Yet: Halloween
Video	Are We There Yet: Dogsledding
Video	Are We There Yet: Waterfall
Video	Are We There Yet: Dinosaurs
Video	Are We There Yet: Black Bears
Video	Are We There Yet: Lighthouse
Video	Are We There Yet: Totem Poles
Video	Are We There Yet: Polar Bears
Video	Are We There Yet: Ice Fun
Video	Are We There Yet: Canada Day
Video	Are We There Yet: Maple Syrup
Video	Are We There Yet: Stampede
Video	Are We There Yet: Whales
Video	Are We There Yet: Winterlude
Video	Are We There Yet: Snowmobiles
Video	Natural Landscapes Canada
Video	Vancouver, Canada
Video	Old Quebec City, Canada in 4K
Video	West Canada by Drone
Video	Animals of Canada

Games

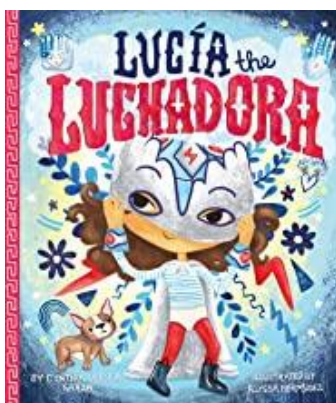
Professor Noggin's Wildlife of North America	Moose in the House
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Recipes

Canadian Maple Cookies	Nanaimo Bars
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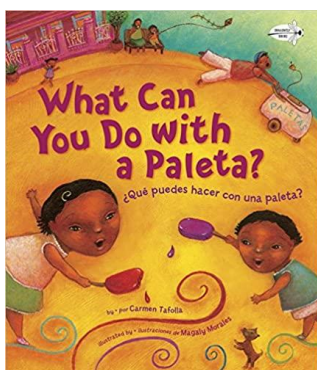
MEXICO

Our Top Book Picks



Lucía the Luchadora by Cynthia Leonor Garza

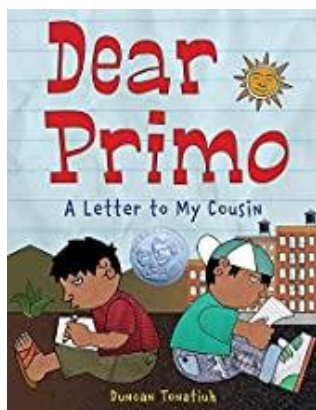
Lucía zips through the playground in her cape just like the boys, but when they tell her "girls can't be superheroes," suddenly she doesn't feel so mighty. That's when her beloved abuela reveals a dazzling secret: Lucía comes from a family of luchadoras, the bold and valiant women of the Mexican lucha libre tradition. Cloaked in a flashy new disguise, Lucía returns as a recess sensation! But when she's confronted with a case of injustice, Lucía must decide if she can stay true to the ways of the luchadora and fight for what is right, even if it means breaking the sacred rule of never revealing the identity behind her mask.



What Can You Do with a Paleta? by Carmen Tafolla

As she strolls through her barrio, a young girl introduces readers to the frozen, fruit-flavored treat that thrills Mexican and Mexican-American children.

In this bilingual edition, discover the joys of a paleta—the traditional Mexican popsicle treat sold from the wagon with the tinkly bell that brings children running from every direction. Create a masterpiece, make tough choices (strawberry or coconut?), or cool off on a warm summer's day—there's so much to do with a paleta.



Dear Primo: A Letter to My Cousin by Duncan Tonatiuh

Meet Charlie and Carlitos.
Charlie lives in America.
Carlitos, his primo, lives in Mexico.
Charlie takes the subway to school, plays basketball with his friends, and loves pizza.
Carlitos rides his bicicleta to school and enjoys playing fútbol at recess, and his favorite meal is quesadillas.
Their lives appear different, but do Charlie and Carlitos have more in common than it seems?

Additional Books

Fiction

Grandma's Chocolate

Playing Loteria

Off We Go to Mexico! An Adventure in the Sun

The Tale of Rabbit and Coyote

Lucia the Lucadora and the Million Masks

The Princess and the Warrior: A Tale of Two
Volcanoes

My Colors, My World

In My Family

Just in Case: A Trickster Tale and Spanish Alphabet Book

Adelita: A Mexican Cinderella Story

Pepe and the Parade

Non-Fiction

P is for Pinata: A Mexico Alphabet

Viva Frida

Book Fiesta!

Eyewitness: Aztec, Inca & Maya

A Kid's Guide to Latino History

Draw Mexico, Central, and South America

Dia de Los Muertos

Media

Documentary Series	Taco Chronicles – Find It Streaming
Movie	The Book of Life – Find It Streaming
Movie	Coco – Find It Streaming
Video	National Anthem
Video	Are We There Yet: Pyramid
Video	Are We There Yet: Mexican Town
Video	Are We There Yet: Animals
Video	Travel with Kids: Ek Balam Mayan Temple
Video	Travel with Kids: Cancun Whale Sharks
Video	Travel with Kids: Cancun Cenote Exploration
Video	Piramides Teotihuacan
Video	Exploring Maya Civilization for Kids
Video	KAIA Kids Around the World – The Music of Mexico
Video	Jarabe Tapatio – Traditional Mexican Dance

Games

Loteria Mexican Bingo	Mexican Train Dominoes
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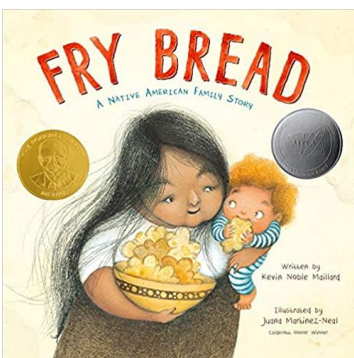
Recipes

Corn Tortillas	Arroz Con Leche
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INDIGENOUS PEOPLES

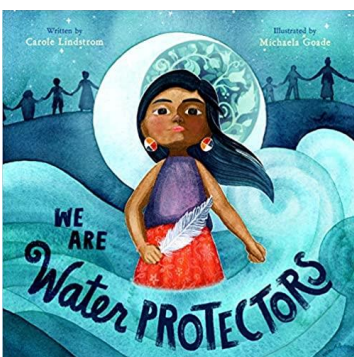
OF THE UNITED STATES AND CANADA

Our Top Book Picks



Fry Bread: A Native American Family Story by Kevin Noble Maillard

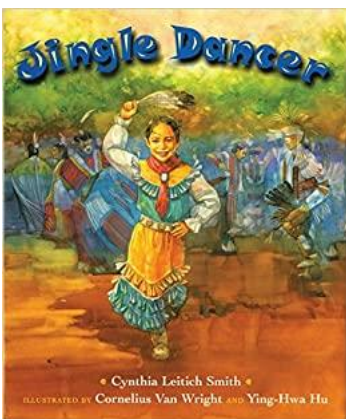
Told in lively and powerful verse by debut author Kevin Noble Maillard, *Fry Bread* is an evocative depiction of a modern Native American family, vibrantly illustrated by Pura Belpre Award winner and Caldecott Honoree Juana Martinez-Neal.



We Are Water Protectors by Carole Lindstrom

Inspired by the many Indigenous-led movements across North America, *We Are Water Protectors* issues an urgent rallying cry to safeguard the Earth's water from harm and corruption.

When a black snake threatens to destroy the Earth
And poison her people's water, one young water protector
Takes a stand to defend Earth's most sacred resource.



Jingle Dancer by Cynthia Leitich Smith

The cone-shaped jingles sewn to Grandma Wolfe's dress sing tink, tink, tink, tink...

Jenna loves the tradition of jingle dancing that has been shared over generations in her family and intertribal community. She hopes to dance at the next powwow.

But with the day quickly approaching, she has a problem—how will her dress sing if it has no jingles?

Additional Books

Fiction

The Cloud Artist - A Choctaw Tale

Raven: A Trickster from the Pacific Northwest

Ancient Thunder

At the Mountain's Base

The First Strawberries

The Girl and the Wolf

SkySisters

A Salmon for Simon

You Hold Me Up

Sometimes I Feel Like A Fox

Shi-shi-etko

Big Moon Tortilla

The Sharing Circle: Stories About First Nations Culture

How Nivi Got Her Names

In the Sky at Nighttime

Mama Do You Love Me?

The Star People: A Lakota Story

Grandmother's Dreamcatcher

The Girl Who Loved Wild Horses

Sweetest Kulu

My Heart Fills with Happiness

Shin-chi's Canoe

The Raven and the Loon

Coyote: A Trickster Tale from the American Southwest

Tatanka and the Lakota People: A Creation Story

Giving Thanks: A Native American Good Morning Message

Non-Fiction

National Geographic Kids Encyclopedia of American Indian History and Culture

A Kid's Guide to Native American History

Sharing Our World: Animals of the Native Northwest Coast

Sequoyah: The Cherokee Man Who Gave His People Writing

DK Eyewitness Books: North American Indian

Media

Documentary	People of a Feather – Find It Streaming
Documentary	We Still Live Here - Âs Nutayuneân - Find It Streaming
Video	The Word Indigenous - Explained
Video	How to Pow Wow
Video	The Legend of Weesakayjack - First Nation Legend
Video	The Wampanoag Way
Video	Native Peoples of the Southwest
Video	The People of the Horse – National Geographic
Video	Native Peoples of the Woodlands
Video	Native Peoples of the Plains
Video	Native Peoples of the Northwest
Video	Native American Dance and Regalia
Video	Native Americans Saw Buffalo As More Than Just Food
Video	The Comanche and the Horse
Video	Keeping the Inuit Way of Life In A Changing World
Video	Living in the Arctic, Teacher in Nunavut, Canada

Games

Spirits of the Wild

Recipes

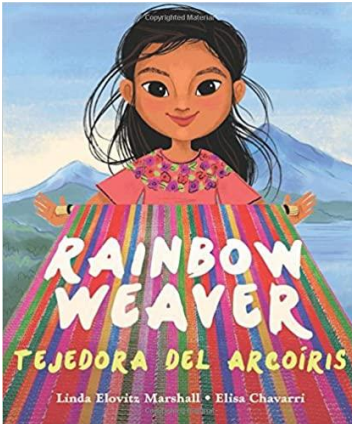
[Pumpkin Choctaw Fault Cake](#)

[Choctaw Cornmeal Griddle Cakes](#)

[Fry Bread](#)

CENTRAL AMERICA

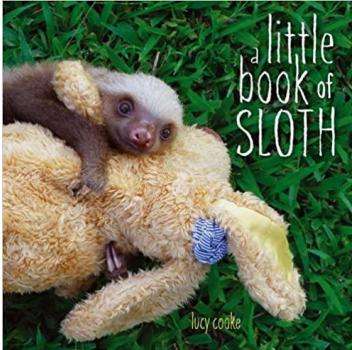
Our Top Book Picks



Rainbow Weaver by Linda Elovitz Marshall

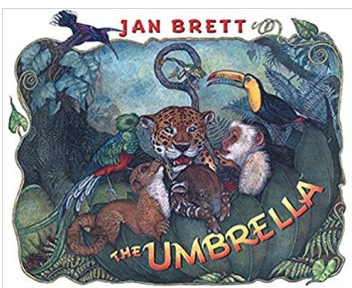
Ixchel wants to follow in the long tradition of weaving on backstrap looms, just as her mother, grandmother, and most Mayan women have done for more than two thousand years. But Ixchel's mother is too busy preparing her weavings for market. If they bring a good price, they will have money to pay for Ixchel's school and books. And besides, there is not enough extra thread for Ixchel to practice with.

Disappointed, Ixchel first tries weaving with blades of grass, and then with bits of wool, but no one would want to buy the results. As she walks around her village, Ixchel finds it littered with colorful plastic bags and has a wonderful idea!



A Little Book of Sloth by Lucy Cooke

Hang around just like a sloth and get to know the delightful residents of the Avarios Sloth Sanctuary in Costa Rica, the world's largest sloth orphanage. You'll fall in love with bad-boy Mateo, ooh and ahh over baby Biscuit, and want to wrap your arms around champion cuddle buddy Ubu!



The Umbrella by Jan Brett

A walk through the Costa Rican cloud forest provides a wonderfully lush setting for Jan Brett's beloved animal illustrations. When Carlos drops his umbrella to climb a tree for a better view of the animals, they all cram into the banana-leaf umbrella as it floats by--from the little tree frog to the baby tapir to the big jaguar and more. It gets so crowded in the umbrella that there isn't even enough room for a little hummingbird! So over the umbrella tumbles, everyone falls out, and poor Carlos comes back wondering why he didn't see any animals all day.

Additional Books

Fiction

Salsa Stories

Belize

Caye Boy

Caye Boy and Kite Day

Caye Boy Visits the Jungle

The Night the Moon Fell: A Maya Myth

El Salvador

Let's Go See Papa!

The Little Doctor /El Doctorcito

A Movie in My Pillow

My Shoes and I

Magic Dogs of the Volcanoes

Rene Has Two Last Names

We Are Like the Clouds

Talking with Mother Earth

Xochitl and the Flowers

Honduras

Uncle Nacho's Hat

The Good Garden: How One Family Went from
Hunger to Having Enough

Non-Fiction

Eyewitness: Aztec, Inca & Maya

The Forever Forest: Kids Save a Tropical Treasure

The Forest in the Clouds

Cultural Traditions in Honduras

Costa Rica

When Monkeys Came Back

Skye Above

Guatemala

The Most Beautiful Place in the World

Abuela's Weave

Margarito's Forest

Mama and Papa Have a Store

Soda Bottle School

Nicaragua

The Invisible Hunters

Sawdust Carpets

Trisba and Sula: A Miskitu Folktale from Nicaragua

Panama

Conejito: A Folktale from Panama

Silver People: Voices from the Panama Canal

A Kid's Guide to Latino History

What Is the Panama Canal?

Tortuga Squad: Kids Saving Sea Turtles in Costa Rica

Media

Documentary	Panama	A Sloth Named Velcro – Find It Streaming
Video	Belize	Travel with Kids: Belize Cave Tubing
Video	Belize	Crazy Monkeys
Video	Belize	National Anthem
Video	Belize	Belize: Nature & Wildlife
Video	Costa Rica	National Anthem
Video	Costa Rica	Are We There Yet: Animal Rescue
Video	Costa Rica	Are We There Yet: Zip Line
Video	Costa Rica	Are We There Yet: Rafting
Video	El Salvador	National Anthem
Video	El Salvador	The Landscape in El Salvador
Video	Guatemala	National Anthem
Video	Guatemala	Huehuetenango fly over
Video	Guatemala	Lake Atitlan fly over
Video	Honduras	National Anthem
Video	Nicaragua	National Anthem
Video	Panama	National Anthem

Games

Karuba

Recipes

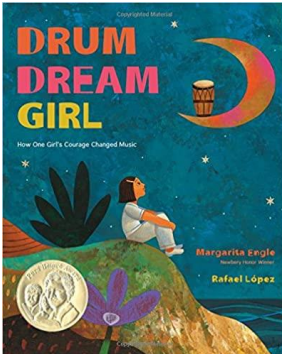
[Costa Rica - Gallo Pinto](#)

[Guatemala - Guatemalan Rice](#)

[El Salvador - Bean and Cheese Pupusas](#)

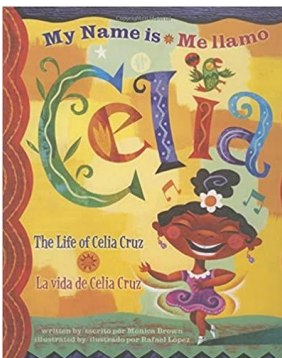
THE CARIBBEAN

Our Top Book Picks



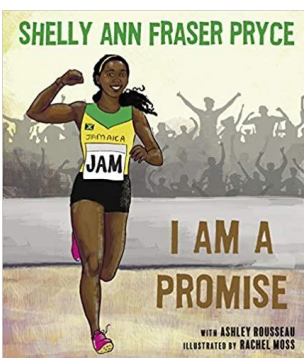
Drum Dream Girl by Margarita Engle

Girls cannot be drummers. Long ago on an island filled with music, no one questioned that rule—until the drum dream girl. In her city of drumbeats, she dreamed of pounding tall congas and tapping small bongós. She had to keep quiet. She had to practice in secret. But when at last her dream-bright music was heard, everyone sang and danced and decided that both girls and boys should be free to drum and dream.



My Name is Celia: The Life of Celia Cruz by Monica Brown

This bilingual book allows young readers to enter Celia Cruz's life as she becomes a well-known singer in her homeland of Cuba, then moves to New York City and Miami where she and others create a new type of music called salsa.



I Am a Promise by Shelly Ann Fraser Pryce

I Am a Promise takes readers on Shelly Ann's journey from her childhood in the tough inner-city community of Waterhouse in Kingston, Jamaica, through her development as a young athlete, to her first Olympic gold medal in the 100-meter sprint in 2008. The story charts how Shelly Ann's commitment to hard work as well as the encouragement of loved ones helped her achieve her dreams against great odds and challenging life experiences. Most importantly, I Am a Promise encourages young readers to believe in themselves and to maximize their own promise to the world.

Additional Books

Fiction

Caribbean Dream
Malaika's Costume
Mama God, Papa God

Cuba

Oye Celia
All the Way to Havana
Dalia's Wondrous Hair
Island Treasures: Growing Up in Cuba

Dominican Republic

If Dominican Were a Color
The Secret Footprints

Haiti

Eight Days: A Story of Haiti
Janjak & Freda Go to the Iron Market
Tap-Tap
Fridays with Ms. Melange

Non-Fiction

Celia Cruz, Queen of Salsa
Growing Up Pedro
Down by the River: Afro-Caribbean Rhymes,
Games and Songs for Children

Jamaica

The Chalk Doll
Rice & Rocks
Anna Carries Water
My Caribbean Grandma

Puerto Rico

Me Encanta, I Love Puerto Rico
The Golden Flower: A Taino Myth from Puerto Rico
Parrots Over Puerto Rico
The Coqui and The Iguana
Juan Bobo Goes to Work: A Puerto Rican Folk Tale

St. Lucia

The Field

Trinidad & Tobago

Callaloo: A Jazz Folktale
Gregory Cool
Drummer Boy of John John
Grandpa Take Me to T&T

Songs in the Shade of the Coconut and Cashew Trees
Yes, I Can!: The Story of the Jamaican Bobsled Team

Media

Documentary	Jamaica	I Am Bolt – Find It Streaming
Movie	Jamaica	Cool Runnings – Find It Streaming
Video	Antigua	Are We There Yet: Pirates
Video	Antigua & Barbuda	Are We There Yet: Stilt Walking
Video	Antigua & Barbuda	Are We There Yet: Stingrays
Video	Cuba	National Anthem
Video	Dominican Republic	National Anthem
Video	Haiti	National Anthem
Video	Jamaica	National Anthem
Video	Puerto Rico	National Anthem
Video	Trinidad and Tobago	National Anthem

Games

Loot	San Juan
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Recipes

Anguilla - Caribbean Sweet Cornbread	Haiti - Haitian Beignets
Puerto Rico - Tostones	